



BARNSELY
Metropolitan Borough Council

North Area Council

Darton East, Darton West, Old Town, St Helens

Project Performance Report

Q3 - 2022/23 (October - December 2022)

Support for raising costs of living

March 2023

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April 2022 -
March 2023

Front cover and photo to the left taken by
Leyla Nayeri
thestoryofyou.co.uk



North Area Council Priorities



Anti Poverty



Improving the local environment



Health & Wellbeing



Economic Regeneration



Opportunities for young people



Changing the relationship

Contributing to the following Corporate Priorities and Outcomes:

Barnsley - the place of possibilities





















Healthy Barnsley	Learning Barnsley	Growing Barnsley	Sustainable Barnsley
People are safe and feel safe	People have the opportunities for lifelong learning and developing new skills including access to apprenticeships	Business start ups and existing local businesses are supported to grow and attract new investment, providing opportunities	People live in great places, are recycling more and wasting less, feel connected and valued in their community.
People live independently with good physical and mental health for as long as possible	Children and young people achieve the best outcomes through improved educational achievement and attainment	People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture	Our heritage and green spaces are promoted for all people to enjoy
We have reduced inequalities in health and income across the borough	People have access to early help and support	People are supported to have safe, warm sustainable homes	Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking

Enabling Barnsley

We are a modern, inclusive, efficient, productive and high-performing council

Contractual Overview

Table 1 below shows the Providers that have now been appointed to deliver a series of services that address the priorities and deliver the outcomes and social value objectives for the North Area Council.

Service	Priorities	Provider	Contract Value (per year)	Start Date	Updates
Anti Poverty Outreach Page 8	 <p>Economic Regeneration</p>  <p>Health & Wellbeing</p>  <p>Anti Poverty</p>	 	£190,000 2 years (+1 year)	14th September 2017	Contract Live Contract extended
Environmental Education Page 14	 <p>Improving the environment</p>  <p>Health & Wellbeing</p>  <p>Young People</p>		£169,932 2 years (+1 year)	1st April 2021	Contract Live - Year 2 milestones updated
Economic Regeneration	 <p>Improving the local economy</p>				Current gap in provision
Housing & Cohesion Officer Page 28	 <p>Improving the environment</p>  <p>Changing the Relationship</p>  <p>Economic Regeneration</p>  <p>Anti Poverty</p>  <p>Health & Wellbeing</p>		£35,500 12 month contract	19th October 2020	Post currently vacant
Youth Resilience Page 30	 <p>Improving the environment</p>  <p>Health & Wellbeing</p>  <p>Young People</p>		£90,000 2 years (+1yr)	1st November 2020	Funding confirmed until 31/10/2024

**Our Council Plan
2021 -2024**

COMMISSIONS

Anti-Poverty
Outreach

Environmental
Education

Connecting
Communities

Housing &
Cohesion
Officer

Social
Inclusion &
Cold Homes

Youth
Resilience

Healthy Barnsley	People are safe and feel safe	✓		✓	✓	✓	✓
	People live independently with good physical and mental health for as long as possible	✓	✓	✓	✓	✓	✓
	We have reduced inequalities in health and income across the borough	✓	✓	✓	✓	✓	✓
Growing Barnsley	Business start ups and existing local businesses are supported to grow and attract new investment, providing opportunities			✓			
	People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture			✓			
	People are supported to have safe, warm sustainable homes	✓		✓	✓	✓	
Learning Barnsley	People have the opportunities for lifelong learning and developing new skills including access to apprenticeships		✓	✓			✓
	Children and young people achieve the best outcomes through improved educational achievement and attainment		✓				✓
	People have access to early help and support	✓		✓	✓	✓	✓
Sustainable Barnsley	People live in great places, are recycling more and wasting less, feel connected and valued in their community.	✓	✓	✓	✓		✓
	Our heritage and green spaces are promoted for all people to enjoy		✓				✓
	Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking						

Stronger Communities Key Performance Indicators

Table 2 below shows the Providers contribute towards the Key Performance Indicators and deliver the outcomes and social value objectives for the Stronger Communities directorate

↑ **144**

Volunteering Opportunities supported



Which led to cashable hours worth

£16,193.40 ↑

↑ **30**

Community groups supported



of which were new

6 ↑

22

People supporting the environment



Supporting young people with their emotional wellbeing

152

148

Socially isolated people supported



Amount of funding spent in Barnsley

96%

Part A: Overview of performance

3 contracts have formally completed their contract monitoring/contract management reporting for Q3 2022/23. The following tables, therefore, reflect the overview of the performance of **3 live contracts** only.

These contracts are:



CAB & DIAL
Second Contract
Year 8
Q1

Anti - Poverty



Twiggs
Second Contract
Year 2
Q3

Environmental
Education

Two providers are currently delivering the Youth Resilience Grant



Ad Astra
YMCA

Youth Resilience
Fund

The North Area also funds contracted posts:



The post is
currently vacant

Housing and
Cohesion Officer

Three providers are delivering the connecting communities grant



Age UK
DIAL
Reds in the
Community

Connecting
Communities



Economic
Regeneration



Health &
Wellbeing



Anti Poverty

Anti-Poverty Outreach



606

Number of clients this
quarter

82%

Local people feel more
able to manage their own
affairs

83%

Local residents
experienced improved
health and wellbeing

- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

Service Outline

Delivered by Citizens Advice Barnsley and DIAL Barnsley, the NAC Outreach service advises local people on all the issues they face. Their services are free, confidential, impartial & available to everyone.

Both providers deliver AQS quality marked advice that is independently and externally audited. They advise on all categories of law including debt and money worries, in-work, out-of-work and disability benefits; housing and homelessness; employment; relationship and consumer issues. This breadth of knowledge means they are uniquely qualified to provide wrap-around services to support people with multiple interlinked issues. They help clients sort out problems before they reach crisis point and through income maximisation & debt management, they help stabilise people's finances to prevent and reduce the impact of poverty. The client feedback they gather shows this advice work helps to improve health and wellbeing and reduces stress.



Economic
Regeneration



Health &
Wellbeing



Anti Poverty

Anti-Poverty Outreach



£183,572

Overall benefit gain (in £)

£9,756

Amount of debt managed

£21

Return on investment (for
every pound spent)

Extract from performance report

In the period 1st October to 23rd December 2022, advisers from both organisations have provided information and advice to 606 client contacts, supported clients to claim £183,572 of welfare benefits and managed £ 9,756 of debt.

As in previous reports, most clients for both organisations accessed the service to help with benefit-related issues. The generalist adviser from CAB has also supported clients with a range of other issues, including employment, housing, utilities & communication, debt, legal, consumer, relationship and family issues, charitable support and Food Banks, health & community care, immigration & asylum, financial services & capabilities, travel and transport, tax and other issues.

Of the 606 client contacts this quarter, 154 have required help with form filling – a total of 25% of the clients, most of which are related to the benefits system. The forms completed by DIAL are carried out face-to-face with the clients and not over the telephone.

Citizen's Advice Barnsley

Case Study



Background

Sometimes, not life's greatest sadness drives us to breaking point, but the smaller problems that creep up in their wake...

Aidan* had been devastated by the death of his brother, Michael, and that loss left a gaping hole in his daily living. After the funeral, Aidan took Michael's dogs to live with him. After all, he knew Michael would have wanted to know that they were cared for, they were good company, and they were a constant reminder of his brother. Aidan had never realised, however, the cost of feeding two large and hungry four-legged friends.

Aidan had always coped financially with his benefits, carefully managing his budget and planning his shopping. Now, however, he realised that with almost two weeks to go before his Universal Credit was due, neither he nor the dogs had sufficient food or money to last until then. He needed a food bank...

When Aidan contacted Citizens Advice Barnsley to enquire about a referral to a food bank, his first concern was whether he could get food for the dogs. The adviser discussed Aidan's situation with him to ensure that they had all of the relevant facts and was then able to refer him to his local food bank. She reassured him that it was usually possible to request pet food also.

The adviser ensured that Aidan had the means to contact both Citizens Advice Barnsley and other agencies who could refer him to a foodbank if he needed future help. She also gave him website links to check his benefits in case he was unaware of any changes and outlined other areas in which Citizens Advice Barnsley could advise him to increase his financial security.

DIAL

Case Study



“

“When I got the news, I didn’t believe it, to go from nothing to high on both and so near to Christmas with all the extra costs that brings. Thanks to DIAL I am able to afford more than before and am not as worried when I have to do less hours”.

Miss N

”

Acknowledged outcome

- Benefit Awarded
- Increased Income
- Less Stress
- More Confidence
- Improved Health and Well Being

Before DIAL

Miss N is a single mother of 2 with a degenerative spinal condition. She works full-time for a telephone call handling site but has been working from home due to her condition. She had been advised to apply for Personal Independence Payment by her local GP surgery and following her telephone assessment had been refused.

Advice provided by DIAL

Miss N contacted DIAL and we advised her to attend outreach with as much information about her condition as she had (reports) etc, and a copy of her application for Personal Independence Payment. At outreach, the advisor conducted a case review of Miss N’s application and completed a Mandatory Reconsideration on her behalf. She works from home and has had Occupational Therapy assessments to make reasonable adjustments for her to continue in her employment, so we advised her to request copies of the assessments and to forward copies to the Personal Independence Payment department. The Mandatory Reconsideration was unsuccessful, and the argument used stated that she is able to maintain a full-time job despite her condition suggesting she was able to perform the PIP tasks in a reasonable manner. It was apparent that they had not paid attention to the Occupational Therapy assessments and recommendations in these reports. We applied to the first-tier tribunal for an appeal arguing that the assessor’s report carried out without sight of Miss N was not accurate. We argued that the assessments from her Occupational Therapist were in great detail, an account of her problems and difficulties with upper and lower body motor function and why she was unable to complete the required activities relevant to a Personal Independence Assessment.

After DIAL

The Tribunal agreed and overturned the decision awarding Miss N enhanced rate help with personal care (£92.40 a week) and enhanced rate help with getting around (£64.50 a week). We also helped her to apply for her Blue Badge.



Economic
Regeneration



Health &
Wellbeing



Anti Poverty

Anti-Poverty Outreach



How does the commission meets the Council Plan?

Our Council Plan
2021 -2024

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

Learning Barnsley

- People have access to early help and support

Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.

Growing Barnsley

- People are supported to have safe, warm sustainable homes

*CAB & DIAL contribution to public health outcomes

Improving the wider determinants of health

Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

1.09 | Sickness absence rate

1.15 | Statutory homelessness

Health improvement

Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

2.23 | Self-reporting wellbeing

Health public health and preventing premature mortality

Objective 4: reduce numbers of people living with preventable ill health and people dying prematurely, whilst reducing the gap between communities

4.13 | Health related quality of life for older people

4.15 | Excess winter deaths

Do you live or work in the North Area?

Do you need advice?

We can help with Debt & Money Worries, Benefits, Housing, Employment, Relationship, Consumer & Energy issues

Our advisers will be providing free, impartial and confidential advice at the following times:

Emmanuel Church, Huddersfield Road, S75 1DT

Every Monday, 9am - 1pm

Mapplewell Village Hall, Darton Lane, S75 6AL

1st and 3rd Tuesday of every month, 4.30pm - 7.00pm

Roundhouse Lifelong Learning Centre, Laithes Crescent, S71 3AE

2nd and 4th Tuesday of every month, 2.30pm - 5.00pm

Mapplewell Village Hall, Darton Lane, S75 6AL

Every Wednesday 1.00pm - 5.00pm

The Darton Centre, Huddersfield Road, S75 5ND

Every Thursday 9.00am - 1.00pm

Roundhouse Lifelong Learning Centre, Laithes Crescent, S71 3AE

Every Friday 9.00am - 1.00pm

No appointment needed
You can just drop-in!



North Area Council

Darton East, Darton West, Old Town, St Helens





Improving the
local
environment



Health &
Wellbeing



Opportunities
for young
people

Environmental Education

TWIGGS 
Grounds Maintenance LTD

How the commission meets the Council Plan?

Our Council Plan
2021 -2024

Learning Barnsley

- Children and young people achieve the best outcomes through improved educational achievement and attainment.
- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.

Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.
- Our heritage and green spaces are promoted for all people to enjoy.

- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
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Purpose and Function Overview

The North Area Clean and Tidy Team's focus is on building independence and increasing resilience within communities. Working with residents, schools and local businesses. The Clean and Tidy Team's performance is measured on the work that they do with volunteers and attracting new people to help keep the North Area clean, green and tidy for many years to come.

There is a strong emphasis on proactive work and transfer of horticultural skills to volunteers. This is an educational based contract. N.B. Twiggs do not have a maintenance contract for North Area. BMBC Neighbourhood Services retain this function and every effort must be made to prevent duplication.

Overview of quarter

This quarter was shorter due to the Christmas period, and a lot of December was dedicated to installing Christmas Trees. Therefore the targets have less time to be accumulated but are still achieved.

During this quarter, a new apprentice was recruited and the previous one decided to pursue a different career leaving on good terms for all that was involved.





**Improving the
local
environment**



**Health &
Wellbeing**



**Opportunities
for young
people**

Environmental Education

Performance Indicator	Yr 1 Target	Q1	Q2	Q3	Q4	Cumulative
Number of community clean-ups	40	69	65	59	60	253
Twiggs social action events	10	0	-	-	-	8
New community groups supported	4	4	2	0	4	10
No. of sustained volunteers (recruited and retained)	80	63	134	144	129	470
Number of new volunteers at Twiggs events	120	6	8	151	24	189
Areas of blight targeted	100	42	48	21	95	206
Local business engagement	50	8	16	30	22	76
Number of volunteers trained (6 week active volunteer course)	40	30	27	6	10	73
Local spend	90%	90%	/	95%	95%	93.3%

Performance Indicator	Yr 2 Target	Q1	Q2	Q3	Q4	Cumulative
Number of community clean-ups	40	94	61	68		223
Twiggs social action events	10	0	0	22		22
New community groups supported	4	0	1	1		2
No. of sustained volunteers (recruited and retained)	80	172	28	88		288
Number of new volunteers at Twiggs events	80	146	53	12		211
Areas of blight targeted	10	119	59	62		240
Local business engagement	50	0	6	4		10
Number of volunteers trained (6 week active volunteer course)	38	38	46	28		108
Local spend	90%	95%	95%	95%		95%



**Improving the
local
environment**



**Health &
Wellbeing**



**Opportunities
for young
people**

Environmental Education

Update for each ward: 2 priorities by Steering Group



We have had lots of volunteer engagement in the Darton East ward. We have constructed a very positive working relationship with GXO/ASOS, who regularly get involved in the volunteer sessions in the ward and will do so until the contract finishes. GXO helped with the work we undertook in Mapplewell Park, tidying around the tennis courts and also supported us in helping the bowling club members in the Bowling Green. We also had support from Ancala Water Services, during which most of the work was in Mapplewell Park, Ibberson Gardens, and the war memorial.



During the time between the priority areas, we have given support to Louise Oxley and Voice for Darton and Kexborough. Following on from this we also set up future engagement with Darton Astrea Academy to support the school with the Memorial Gardens Project up until the contract finishes.



During this quarter we concentrated all our efforts on the footpaths and ginnels/PROW which are priorities for the ward. All pathways were given a really good clean and reinstated where required.



Old Quarry - during the quarter, we worked with volunteers to re-plant the five fruit trees uprooted last summer by anti-social behaviour. We also planted 2 more fruit trees that Twiggs had received via donations. We had support from Barnsley Stop Smoking Service and local volunteers from the Quarry Group. We also several visits the area and worked on the footpaths because this was a priority area.

West Road - the team have visited the area numerous times, but volunteers have not taken the opportunity to work beside the team. However, the team kept the site in a respectable condition and actioned the priority area requests from the environmental steering group.





Mapplewell Park

Darton East

Our Council Plan 2021 -2024

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible

Learning Barnsley

- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships

Growing Barnsley

- People have a welcoming safe and enjoyable town centre and principle towns as destinations for work, shopping, leisure and culture

Sustainable Barnsley

- People live in great places are recycling more and wasting less, feel connected and valued in their community
- Our heritage and green spaces are promoted for all people to enjoy

Background

During this quarter, our team carried out numerous sessions at Mapplewell Park, during which we supported several groups. Our first session this quarter occurred on 11/10/2022, during which we supported amazing volunteers from GXO. We reinstated the footpaths and cleared litter and leaves around the whole park area, including the litter that was in the vegetation. To proceed, we cleared under the benches, trimmed back the overgrowth and reinstated the curb edges in the play area and near the fenced area, leaving the area presentable and inviting. The next session was on 18/10/2022, during which we supported Ancala Water Services and CVS. Our team and 5 fantastic volunteers cleared the area around the tennis court by removing leaves, trimming back the shrubs to give them a face-lift, and we trimmed back the overgrowth that was encroaching onto the footpath, therefore, widening the walkway. We trimmed back the tree shoots that were overhanging the footpath. Upon completion of the session, we left the area tidy, presentable, and safe for the public. To further improve the parking area, we carried out another maintenance session on 25/10/2022 with the Green Space Group. During the session, we trimmed back the hedges and pruned the shrubs and branches that were overhanging the footpaths. Consequently, we left the area inviting, presentable and eye-pleasing.

On 17/11/2022, our team completed another maintenance session in the park, during which we pruned back the overgrown trees, cleared leaves, debris and litter from the stairs and trimmed back the overgrowth near the stairs, therefore opening up the walkway. All green waste was mulched and reintroduced into the environment to utilise the nutrients. We carried out the next session on 22/11/2022, during which we reinstated the footpath between the benches and the play area by clearing leaves and other litter. To proceed, we trimmed back the overgrowth near the play area, making it safer for the users. The last session of the quarter occurred on 30/11/2022, during which our team reinstated a footpath by removing the encroaching overgrowth and redefining the footpath edges.

Mapplewell Park & War Memorial

Darton East

At a glance



13

Number of volunteers



55

Total volunteering hours



£753.50

Cashable value of
volunteering hours



45

Total staffing hours



13

Bags of Rubbish

How did this activity come about?

Our team generated the ideas and sessions, therefore, building a strong long-term relationship with GXO Logistics.

Apprentice Involvement

An apprentice is present during all sessions, this allows them to develop their skills in the use of power tools and other community engagement activities.

What went well?

The volunteers were trained in the appropriate use of tools, the correct pruning technique and the importance of reintroducing green waste back into the environment.

What still needs further development and what is the next steps?

The Bowling Club needs more support in dealing with the green waste and upkeep of the grounds due to the members being of age.



Dedicated Volunteer - Lousie Oxley's Story

Darton West

Our Council Plan 2021 -2024

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Working with volunteers

Louise is a dedicated volunteer who approached Twiggs during the Covid-19 pandemic. She lives locally in the Darton West area and has been an active and effective volunteer. She has worked closely with Twiggs to identify areas needing regeneration and reinstatement.

Our first contact with Louise was in **February 2021**, during the Covid-19 pandemic. Louise contacted the Twiggs team to enquire about litter picking in her local area. Unfortunately, we could not physically support her due to government guidelines, but we provided her with equipment to complete activities and remained in contact with Louise throughout this period.

Louise, with her sister and their children, completed a litter pick from the North area boundary right up to the Engineers Public House in Higham. Twiggs further supported Louise by removing **five bags** of litter which had been collected by Louise and her family.

With the lifting of restrictions, we could arrange an event with Louise on **27/04/2021**. Louise had identified an area within Darton Park which had been the subject of anti-social behaviour. The team worked alongside Louise to scrape all weeds, soil and glass on the skate park, making the area much safer for families and children.

To continue the support Twiggs provided, Louise, the Pogmoor Pickers, and the Twiggs North Area Team started on the tennis courts in Darton Park on **05/05/21**. The volunteers scraped the perimeter of the tennis courts, collected 5 bags of litter and swept the area. The collected green waste and soil were reintroduced to the woodland area next to the park.

Part of Louise's vision for her local area is to free parks and green spaces from dangerous objects/materials left by acts of anti-social behaviour.

Despite the best efforts of the team and volunteers who attended Darton Park previously, Louise discovered yet more broken glass, a large volume of tab ends and other dangerous items when they returned on **18/05/21**.

The team with Louise worked tirelessly to clear the area and continued their efforts to improve the aesthetics by scraping and strimming the perimeter of the play equipment and benches in the middle of the park. The team discussed with Louise further areas for development.

On **20/05/21**, the team met with Louise and her son to complete a 'litter walk' where they walked around Barugh Green; litter picking and identifying areas which required development/reinstating. Mainly the areas of interest were well-used footpaths and ginnels which were being abused.

Further attention was given to the curb and the gullies; mud and dirt were scraped from the curb edges, which in turn aided the unlocking of nearby drains and grates.

Dedicated Volunteer - Lousie Oxley's Story

Darton West

Continuing the previous event with Louise, the team joined her on **25/05/21**. The event's focus on this day was to reinstate a footpath on Barnsley Rd, Barugh Green (next to the recreational ground) leading to Medina Way, which had been identified on the previous 'litter walk'. This is a notorious hot spot.

The footpath was swept and cleared of leaves, moss and silt. Hedges and overhanging trees were cut back, making the area more accessible to users. Whilst there, many dog walkers approached the team to express their gratitude. All green waste was reintroduced into the environment.

The next event held with Louise on **15/06/2021** occurred on Barnsley Rd, Barugh Green. The team and Louise attended to reinstating the footpath, primarily outside Tutor Rose Nursery. The encroaching grass and brambles were cut back, and **2 bags of litter** were collected.

Having made good headway in the Barugh Green area, Louise was interested in getting involved in further areas within her locality. To facilitate this, the team arranged an event at Mapplewell Village Hall on **29/06/2021**. The group made a good start on the Incredible Edibles beds with two members from the Prince's Trust and Louise's young son. Extensive works in the area included strimming to gain access to the overgrown beds, and the beds were then dug over with green waste being reintroduced into the area to form a border. A small barricade was also created to help prevent anti-social behaviour.

Returning to Barugh Green, the team with Louise focused on making the football facilities at Barugh Green Recreational Ground more accessible. They all worked tirelessly to remove moss from around the MUGA on **05/08/2021**.

On **13/10/2021**, in preparation for an upcoming event with Louise, the North Area Team collected 1000 bulbs from the North Area Team.

As part of Louise's vision for the Barugh Green area, the team met with her on **02/11/2021** and planted **700 bulbs** near the footpath behind Barugh Green Rec. Prior to this, the group prepared the area by removing weeds and leaves to allow the bulbs to thrive and improve the aesthetics of the footpath for users.

The further **300 daffodil bulbs** supplied by the NAT were planted on **24/11/2021** with Louise along Medina Way. Between them, they also completed a litter pick, collecting 2 bags.

As part of the wider vision, the Twiggs North Area Team and Louise completed maintenance works on Medina Way, Barugh Green and surrounding areas. Over two hours, the group focused on reclaiming the footpath from the overgrowth, trimming overgrown hedges and troublesome thistles from the path before collecting two bags of litter.

After the Christmas break, the team resumed their efforts with Louise on **12/01/22**. A new location on Higham Common Road was highlighted as requiring attention. Louise had previously reported to the team that the high accumulation of fallen leaves was becoming extremely slippery and posed a health and safety risk to attendees and other members of the public. To begin, the team with Louise lifted and cut back the hedges to allow access to hard-to-reach fallen leaves and widen the path for pedestrians. The collected leaves were mulched and reintroduced back into the environment to provide nutrients to other plants.



Dedicated Volunteer - Lousie Oxley's Story

Darton West

The team with Louise returned to Medina Way, Barugh Green, on **25/01/2022**. A well-used path was widened, and **two bags of litter** were collected leading to the Rec. The area looked much better for the team's efforts.

Louise emailed the office on **28/01/22**, signposting the team to one of the well-known footpaths near Barugh Green Primary school, which they had previously attended to clear from fallen leaves. It was reported that this area had become treacherous again and needed urgent attention.

Following Louise's email, the team attended Higham Common Rd on **01/02/2022**. Louise supported the event by completing a litter pick of the area before the team collected as many leaves as possible, given the weather conditions. Thus, making the path more accessible to users.

On **03/02/2022**, the team re-joined with Louise in Barugh Green at Barugh Green Recreational Ground. The entire area was cleared of litter, and **2 bags** were removed. The group continued their efforts to scrape around the play area, removing weeds and reinstating the borders.

A great morning was had once again at Barugh Green Recreational Ground on **23/02/2022**. The team and Louise litter-picked the area and collected **one bag of litter**. Following this, the footpath was widened to allow more room for walkers while giving the site a more polished look.

As part of our ongoing support to Louise, the team delivered some wildflower seeds sourced from a local business. The seeds will be used to add some colour to the village on **17/03/2022**.

On **06/04/2022**, the Twiggs North Area Team joined Louise at Barugh Green Rec and collected **5 bags of litter** and a small amount of fly-tipping from the park and the road leading to the local primary school. Following this, a number of overgrown brambles were cleared that were covering litter were cut back, leaving the area looking much more attractive.

Continuing the previous efforts made by the team and Louise, the group returned to Barugh Green Rec and focused on the walkway at the rear of the park. Louise kindly donated several homegrown sunflowers and shrubs to the area, which were planted regularly along the path. Overhanging shrubs and trees which were encroaching onto the path were also cut back, and **1 bag of litter** was collected. All green waste was reintroduced into the environment to create habitat piles. **25/05/2022**.

A donation of roses (donated by The Range) was delivered to Louise's home address. These shall be used to enhance the path further worked on previously. **31/05/2022**.

The Twiggs North Area Team and Louise's attention was redirected to another well-used footpath close to Medina Way, Barugh Green. The group began a small project to improve the aesthetics of the area. A number of small plants were added to the footpath, which had been donated by The Range. Louise also provided more additional plants, which she had grown on **15/06/2022**.



Dedicated Volunteer - Lousie Oxley's Story

Darton West



Dedicated Volunteer - Lousie Oxley's Story

Darton West

At a glance



44

Total volunteering hours



£602.80

Cashable value of
volunteering hours



96

Total staffing hours



23

Bags of Rubbish

The team delivered a plant donation from Emmanuel's Church to Louise on **28/06/2022**. They will make a great addition to the footpath targeted in Barugh Green. Proceeded to book dates for upcoming work.

The team joined Louise on Merdena Way to plant wildflower seeds on **29/06/2022**. To begin, we prepared the ground by removing weeds and digging over the soil to allow the seeds to bed in. To proceed, we planted the seeds and gave them water. Great work done. I can't wait for the results!

To continue the process made from previous events, we joined Louise again on Merdena Way to focus on reinstating the footpath and planting some further varieties of plants to add colour and vibrancy to the area on **06/07/2022**.

15/09/2022 Next session Merdena Way with Louise, we blew off leaves and scrapped up weeds and silt from the footpath edges. Louise had a few plants spare from her garden, so she kindly offered them to us. We thanked her for this and supported her planting them in the footpath planter. Finished off by trimming the hedges and reintroducing the green waste. Any litter on the footpath was collected during the session and bagged up (x8 bags).

Dropped off a supply of 40 purple sacks to Louise on **08/11/2022**.



What do you believe are the benefits of volunteering?

For me, I continue to volunteer as it improves my mental health. I like getting out of the house and meeting new people from my area. I have met many residents whom have complimented and thanked me for the work I and the Twiggs team have done. I like giving back and seeing my area improve.

How has communication and support been with the Twiggs team?

They've been really helpful. They have been quick to respond to my emails and to arrange events. Aron and his team are extremely friendly and strive to do more. No job is too big/small and they are really happy to help...

And lastly, how has volunteering made a positive impact on your area?

It took a while to see an improvement but after continued work and efforts together, we have seen a massive uplift in the area. Especially along Merdena Way after multiple sessions it was great to see our activities having such a positive impact.

Feedback from Louise Oxley



4T's Project

Old Town

Our Council Plan 2021 -2024

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible

Learning Barnsley

- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships

Growing Barnsley

- People have a welcoming safe and enjoyable town centre and principle towns as destinations for work, shopping, leisure and culture

Sustainable Barnsley

- People live in great places are recycling more and wasting less, feel connected and valued in their community
- Our heritage and green spaces are promoted for all people to enjoy

At a glance



6

Number of volunteers



12

Total volunteering hours



£164.40

Cashable value of
volunteering hours



21

Total staffing hours

Background

During this quarter, we worked with Barnsley Youth Council on the 4T's project. We met with the volunteers from the Youth Council on 27/10/2022 at the site for our first session of the quarter. We strimmed back the overgrowth preparing the area for the instalment of a bench. We also strimmed around the trees, therefore, opening up the area. All green waste was mulched and utilised to make habitat piles. To proceed, we created a natural border using 'green waste' to deter anti-social behaviour. To complete the session, we cleared leaves from the footpath to reduce the hazard of slips, trips and falls. Our next session occurred on 17/11/2022, during which our team performed further general maintenance at the site and on West Road. We cut the grass and strimmed back the overgrowth to widen the walkway room on the footpath. To proceed, we trimmed the shrubs near the playing field entrance to make the entrance safer for the public. To complete the session, we cleared leaves from the footpaths and the drains to open up the access for any excess water after long periods of rainfall, making the area safer.

The last quarter session occurred on 01/12/2022, during which we cut the grass in the area where the bench will be installed in the future. To complete the session, we cleared the leaves from the footpaths making the community area safer for the public.

How did this activity come about?

It was generated by the BMBC Youth Participation and Twiggs facilitated the sessions.

Apprentice Involvement

An apprentice is present during all sessions, this allows them to develop their skills in the use of power tools and other community engagement activities.

What went well?

The sessions with the young volunteers from the previous quarters had great success. In addition, the footpaths were maintained for safe public use. The site on West Road was covered as well, which comes under the ward priority areas.

What still needs further development and what is the next steps?

The fruit trees will require formative pruning in the future.

Wingfield Road

St Helens

Our Council Plan 2021 -2024

Healthy Barnsley

- People are safe and feel safe
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- Our heritage and green spaces are promoted for all people to enjoy

At a glance



3

Number of volunteers



5½

Total volunteering hours



£75.35

Cashable value of
volunteering hours



18

Total staffing hours

Background

During October, we carried out multiple sessions on Wingfield Road to give it a blitz. The first session occurred on 10/10/2022, during which we cleaned the entrance to the footpath by removing silt and detritus, making it more inviting, strimming back the excessive vegetation encroaching onto the entrance, cut back the overgrown grass. While we targeted the overgrowth, volunteer Mayor Tattershall cleared litter, removing 6 bags of litter. To follow up on the previous session, we attended on 24/10/22, during which we joined Mayor Tattershall and Cllr Leach. We cleared litter, strimmed back the overgrown grass, cleared fallen leaves to reduce the slip hazard and scraped up the moss from the footpath. The last session of the quarter occurred on 31/10/2022. To proceed with our work at the site, we strimmed back the overgrowth that was encroaching onto the footpath, making it safer for the students of Laites Primary School and other members of the public. Other activities included litter clearance and removal of fallen leaves, leaving the area more aesthetically pleasing and safer for the use of children.

All 'green waste' from the sessions was mulched and reintroduced back into the environment, utilising the nutrients.

How did this activity come about?

This is a priority area identified by the Environmental Steering Group.

Apprentice Involvement

An apprentice is present during all sessions, this allows them to develop their skills in the use of power tools and other community engagement activities.

What went well?

The area is now more accessible for the children and adults that are frequently using the footpath in order to get to school.

What still needs further development and what is the next steps?

Further volunteer engagement to keep the footpath safe and presentable.

Wingfield Road

St Helen's

Our Council Plan 2021 -2024

Healthy Barnsley

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This is a priority area identified by the Environmental Steering Group.

Apprentice Involvement

An apprentice is present during all sessions, this allows them to develop their skills in the use of power tools and other community engagement activities.

What went well?

The area is now more accessible for the children and adults that are frequently using the footpath in order to get to school.

What still needs further development and what is the next steps?

Targeting different parts of the area and increasing the number of sessions.



Improving the
local
environment



Health &
Wellbeing



Opportunities
for young
people

Environmental Education

*TWIGGS contribution to public health outcomes

Improving the wider determinants of health

Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

- 1.04 First time entrants to the youth justice system
- 1.16 Utilising outdoor space for exercises and health reasons

Health improvement

Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

- 2.13 Proportion of physically active and inactive adults
- 2.13 Self-reported wellbeing



Public Spaces

	Target	Achieved to date
Number of local businesses supported at planned events	100	86
Number of new groups formed with support of Twiggs	8	12
Number of hours of volunteering generated	N/A	5,751
Number of volunteers trained in horticultural skills	80	108



Improving the environment



Changing the Relationship



Improving the economy



Anti Poverty



Health & Wellbeing

Housing Cohesion Officer



- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

Purpose of Post

To ensure compliance with the legislation and statutory obligations of the Council dealing with poor housing and environmental conditions in the Private Rented Sector, ensuring effective regulation with a balanced proactive and reactive approach through the discharging of informal, formal and legal actions. Contribute to improved standards in the local private rented sector and stability for both tenants and landlords.

- Provide advice, guidance and support in accordance with approved Council policies, procedures and statutory responsibilities pertaining to private sector housing and the environment.
- To pro-actively engage and liaise with internal and external stakeholders including tenants, landlords, members of the public and partners, developing strong and cohesive working relationships.
- Respond to requests for service, investigate complaints and provide advice on sub-standard housing conditions in the private rented sector.
- Contribute to the development and delivery of a highly visible proactive approach to raising standards of poor-quality private sector housing across the Borough.



Improving the environment



Changing the Relationship



Improving the economy



Anti Poverty



Health & Wellbeing

Housing Cohesion Officer



BARNSELY
Metropolitan Borough Council

How the Housing Officer post meets the council plan?

**Our Council Plan
2021 -2024**

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

Learning Barnsley

- People have access to early help and support

Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.

Growing Barnsley

- People are supported to have safe, warm sustainable homes

*Housing Cohesion Officer's contribution to public health outcomes

Improving the wider determinants of health

Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

- 1.01i Children in low-income families (all dependent children under 20)
- 1.06ii Adults in contact with secondary mental health services who live in stable appropriate accommodation
- 1.15 Statutory homelessness
- 1.17 Fuel Poverty
- 1.18i Social isolation: Percentage of adult social care users who have as much social contact as they would like

Health improvement

Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

- 2.23 Children in low-income families (all dependent children under 20)

Health public health and preventing premature mortality

Objective 4: reduce numbers of people living with preventable ill health and people dying prematurely, whilst reducing the gap between communities

- 4.13 Health related quality of life for older people
- 4.15 Excess winter deaths



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



YMCA
(Supporting Kexborough Primary, Wellgate Primary and Delta Academy Darton.)

The schools work in the North Area is now all fully implemented and running weekly with lots of positive feedback from the participants and school staff.



(Supporting Laithes Primary, Athersley South and Outwood Academy Carlton.)

- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

Purpose of the Youth Resilience Grant

The North Area Council Youth Resilience Fund has been established by North Area Council for the academic year 2020/2021, to support the delivery of a range of positive after school and holiday provisions (interventions/ projects/ activities/ sessions) that will contribute to building the emotional resilience and wellbeing of children and young people (aged 8-13). This resilience-building will prepare children in years 5 and 6, who are displaying additional emotional support needs, with extra skills that will prepare them to successfully transition to senior school.

The grant opportunity is currently delivered by two different providers: YMCA and Ad Astra. Below is an extract from the performance reports:





Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



YMCA

(Supporting Kexborough Primary, Wellgate Primary and Delta Academy Darton.)

The schools work in the North Area is now all fully implemented and running weekly with lots of positive feedback from the participants and school staff.

YMCA Youth work offers young people safe spaces to explore their identity, increase their confidence and think through the consequences of their actions. We use the specific approaches from the well-being index and resilience framework to enable young people to explore and develop their knowledge, understanding and skills in the areas of belonging, learning, coping and core self.

All of the projects continue to enable the participants to develop core skills from the checklist for positive mental health and well-being, particularly in the areas of communication, working with others and problem-solving, building their self-esteem and confidence and their understanding of themselves, their social networks and relationships with others and sense of place and belonging not only in their schools but also as YMCA participants.

Darton Academy Peer Support Training Programme

Transition support and Peer Support Training for Y7 Pupils.

This group was identified by the school's Leadership Team. The young people were chosen for their needs, interest, maturity and the Primary School that they had previously attended to ensure a broad representation of the school's feeder primaries and that the young people were familiar with the Primary School that they would then support as part of the next Year 6 transition process.

Some of the Peer Supporters continue engaging with the wider North Area project and YMCA youth work programmes during holiday provision and term time sessions as peer supporters and participants. This allows our Peer Supporters the space to develop their ability to lead and to demonstrate the skills that make them positive role models, but it also allows us to reach young people who may initially be distrusting of any intervention by adults. Our Peer Supporter programme will continue to encourage young people to take care of one another, increasing the support networks that young people have access to and ensuring that young people are able to develop as both individuals and as mentors.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



YMCA

Darton Academy After School Sessions:

Targeted & open access after-school sessions for Y7 & 8 students, using arts/games/themed projects/group discussion and activities to engage participants and build relationships and specific activities to encourage the development of key resilience and personal and social skills. Providing access and opportunities for participants to engage in positive activities in a safe space with access to skilled and experienced youth workers who can provide additional emotional and mental health support.

When there have been challenges within this group, young people feel safe enough to speak to their youth workers about it, who have been able to work with young people to establish solutions. There has been a focus on mental health and wellbeing this quarter, spending time 'checking in' with young people at the start of each session. Sessions have been themed to reflect this, with young people participating in mindfulness activities and team games to aid in socialisation.

Kexborough Primary:

Weekly after-school sessions with all of Y6 children at some point having the opportunity to work with the YMCA youth work team, who will then remain a consistent person within their transition experience to Darton Academy.

From September, the group of young people were a specific group of Y6 pupils identified as those who would most benefit from the project and improve their emotional resilience and wellbeing.

The YMCA after-school club continues to be a popular session with young people, proven by the number of participants. This club aims to build the group's emotional resilience and confidence by gently coaxing them to participate in team-building games and providing them with different opportunities each week, including conversation cubes and the encouragement to participate in friendly debates. This strengthens the young people's ability to manage differences of opinions within a safe setting which are transferable skills for their life journeys.

YMCA
(Supporting
Kexborough
Primary,
Wellgate Primary
and Delta
Academy
Darton.)
The schools
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and school staff.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



666

Total number of sessions (including in-school, holiday provision & YMCA Youth Clubs)

11

Number of new unique individuals engaged

3

Number of peer support sessions delivered

9

Number of school holiday sessions delivered

2

Number of family members engaged in the project

4

Number of young volunteers

Kexborough Primary (continued)

We continue to work in Kexborough Primary School, offering an after-school club to a mixed cohort of 16 young people. Our working relationship with the school means that the school, including the headteacher and family support worker, can identify a group of young people who would benefit by participating in a club that focuses on building emotional resilience and wellbeing. As this group of young people is signposted to us, it allows us to spend time establishing the needs of each participant, enabling the development of core skills, increasing self-esteem and confidence and being able to provide 1:2:1 support as and when needed. These young people have different abilities and needs, which are managed by the youth workers who facilitate the session and ensure that the quieter members of the group are included and encouraged to participate. The rotation of the group at each term enables the YMCA to reach as many young people as possible and raise their aspirations and confidence in their preparation for secondary school.

Wellgate Primary

Weekly targeted support project for some Y6 children identified as those who would most benefit from the project.

The youth work team have continued delivery of the targeted model supporting children within the year 6 group who have been identified as those who would most benefit from the project.

The club continues to be delivered on a Monday afternoon to meet the school's needs. The school and the YMCA have a great working balance and fully support each other in the delivery of the club. The school continues to signpost the young people they believed would benefit the most from attending this club due to their confidence and low emotional self-esteem. The activities are the tools that allow the conversations between the youth workers and the young people to start, which help them to understand the young people's needs and what areas they need to work on to improve their confidence and social skills. A programme of positive and empowering activities is offered to the young people who attend these sessions, including relevant cultural activities, problem-solving sessions, and mindfulness crafts, all serving to create a space where young people are comfortable developing their sense of self and belonging.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



Summer Lane Primary Pilot

Weekly targeted support for Y6 children open access but targeted for some pupils the school has identified as those who would most benefit from additional support.

“ I enjoyed the suncatchers because when I look at it, I think of how nervous I was for everything going on but now I feel a lot better and less nervous because of the other times we were here on a Wednesday. I enjoyed it here and it made me feel a lot better about high school and the play that we were doing in front of the whole school and parents.”

Amelia
Year 6

This bespoke weekly club continues to be popular with young people. Participants are referred by the wellbeing contact in school, who continues to signpost young people who she feels would benefit from our work, ensuring that there is a team of workers around each young person who attends. The sessions at Summer Lane are themed to prepare young people for their transition to secondary school, employing various methods such as mindfulness crafts and, recently, ‘kindness books’ where young people complete tasks that are focussed on self-worth, their identity, and how they act towards others. We work with Year 5 and Year 6 on rotation, which ensures that the young people who need the support can access it while also allowing us to intervene early with young people who have more complex needs regarding their resilience and interpersonal skills would require a long-term programme. We continue to see a great deal of improvement regarding these skills, and the young people within this session are able to articulate this growth and demonstrate their resilience in everyday situations within the session.

The project delivery in the schools has enabled the children to form positive relationships with the youth workers from YMCA Barnsley and to develop their social networks building positive relationships with other young people both in their school-based sessions and through accessing wider project delivery with holiday provision and the detached youth work sessions.

We can also maintain our support for project participants transitioning to Darton Academy and Horizon Community College with a familiar face and support from a trusted and consistent youth worker they already know and access to pre-established relationships with peers. The youth workers have enjoyed reconnecting with young people as they continue their journeys in secondary school. They have seen many of them access the after-school clubs at Horizon and Darton Academy. Seeing and reflecting on their transformation from timid year 6’s to confident year 7’s in their secondary school environment is a proud moment for the participants and their youth workers.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund

Holiday provision:

During October Half Term, young people from the North Area had access to two different activities. The first of which was an engaging session delivered by imagination gaming, which saw young people work together to complete team challenges. The second activity was our Shop, Cook and Eat session held at the Parish Church of St John the Evangelist, which required young people to work together to shop for the ingredients needed to prepare a meal for everyone. These activities, while fun for the young people, also demonstrated important life skills, such as responsibility, navigating team dynamics, exploring leadership and demonstrating patience and empathy when things don't go to plan. The young people who attended these sessions gave very positive feedback and were able to support us in the planning of future provision.

At the end of December, young people were invited to an area-wide Roller-skating Party at Penistone Leisure Centre with food and music. Young people from the North Area were able to socialise with young people from other areas, and transport arrangements were made so that no young person was excluded due to their inability to get there. The event was a huge success, and young people thoroughly enjoyed the chance to build their resilience by trying something new with people they hadn't previously met. This event proved that the skills and confidence young people have developed are not limited to the sessions they attend and that they are able to translate this development to unknown situations. Young people were supported by familiar workers whom they knew and trusted. They were also given the opportunity to socialise with young people from across the project which may attend the same school as them in the future. It is important to the YMCA Barnsley team that the relationships with youth workers that have developed during the school sessions are maintained during the holiday provision to provide that consistent person in the young person's journey.

Detached Project:

Our team have continued to work on a weekly basis within the north area, with a regular programme that continues through the summer focussing primarily on Kexborough whilst maintaining relationships with existing contacts in Darton.

As darker nights and colder weather have become the norm on the streets, our focus has been centred around the Berneslai Homes facility on Priestly Avenue.

A core group of young people with differing needs meet on a weekly basis. The group are currently focused on developing a piece of drama that explores the issue of bullying and family relationships.



Improving the local
environment



Health &
Wellbeing



Opportunities for
young people

Youth Resilience Fund

Detached Project (continued)

Accommodating different needs and finding appropriate and meaningful roles within a drama context is quite challenging. However, through careful negotiation and encouragement, individuals have stepped into their roles enthusiastically. Some in acting and script writing roles, others in technical roles, i.e. photography and filming.

Each session is reviewed with the group, and learning is drawn from their experience in the evening. One young person reported that they found it challenging to act as a bully as it wasn't in their nature. Our reviews and debriefs go some way into exploring these issues and allow the young person to adjust from their character back to themselves. Often a fun activity but also an invaluable one for young people and teams alike.

The programme is very much led by the group, there is no timescale as such, but an agreement that, at some point, they might have something to show to others, whether live or via video. However, they are keen to remind our team that 'they are not promising owt!'

In recent weeks, we have welcomed back one of the mums who has been busy on Tuesday evenings through the summer. Her encouragement of the group and the ideas she contributes are fantastic. Being part of the community and knowing the young people and families far longer than our team, she brings a quality that often teases out the best ideas and engagement from the young people. (see feedback in evidence)

The group planned their own Christmas fuddle and engaged in Christmas crafts. Many of their creations were left hanging on the Christmas Tree at Berneslai Homes premises as a thank you to Ann and the broader team for allowing us to work in their space.

As we approached the Christmas break, our team set out on a Christmas treasure hunt around the streets of Kexborough. If a young person is lucky enough to find one of our clues, they contact YMCA Barnsley direct to register their find and arrange to be presented with a New Year treat. Our team are very much looking forward to 2023.



School-based Provision

Case Study

Background & Context

The young person in this case study is 11 years old and was initially accessing the project as they were chosen by school. Violet was identified as a young person who could potentially need support with building confidence, self-esteem and social skills. The model at Violet's school is a long-term group-work model centred around building relationships with young people so they feel comfortable enough to develop in their social and emotional skills. Although this is a group work model, staff make space within these sessions for 1-1 work with the Violet and other young people who may need it. Violet was initially resistant to engage with the activities and with other young people who attended the sessions, which had the potential to become a challenge. Violet was incredibly quiet within sessions, and was reluctant to start conversations or even make eye contact with her peers. However, through the consistency of our model and our ability to support her sense of belonging, Violet's confidence has improved massively.

Intervention/Process

Staff delivered a varied programme of crafts, games, and targeted activities to support the development of resilience. These activities required young people to build their teamwork skills, step out of their comfort zone, and develop their ability to problem-solve, which is proven to support with their social-emotional development. Activities were engaging and influenced by consultation with the young people themselves, allowing young people to take ownership over the sessions that were delivered.

Other sessions were delivered around reinforcing positivity and kindness so that Violet knew that her and her peers were all working towards a common goal, and again supported her in feeling like she belonged. Staff slowly managed to build Violet's confidence through encouraging her to participate and displaying unconditional positive regard.

Violet's youth workers continued to let her know that we are a safe space and helping her to understand that it doesn't matter if she gets something wrong and they commented that they 'could see that her confidence was slowly growing week by week'. This was achieved by creating activities that would allow young people to fail without consequences so that Violet could understand that her understanding of what went wrong was more important than the task itself. We were intentional about giving feedback to Violet, and made sure to give her encouragement and positive reinforcement when she would develop new skills to ensure that she was being recognised.

School-based Provision

Case Study



“Violet used to be very quiet, we could never hear what she was saying, sometimes she wouldn’t speak to us at all and only smile slightly, over the weeks as we would ask her to participate in games she would say no that she didn’t want to, however at the end of December, Violet would put her hand up to answer questions in games, participating and even standing at the front of the classroom to join in with our activities. Violet now engages in conversation with us, showing she feels more confident in actually talking to us. Recently violet has spoken to us about her hobby of gymnastics and going to visit a family-member’s kennels.”

**Feedback from
Violet’s Youth
Workers**

Intervention/Process (continued)

We ensured that there was always time made available for Violet to speak to the youth workers, while also encouraging her to participate in the group work elements of the sessions such as team skills, challenges and games. Making time to work with Violet 1-1 allowed her the space to express herself without her peers listening, and ensuring that her voice isn’t being lost in the group. The group activities were to enable Violet to feel as though she is safe around her peers and to develop her socialisation.

Impact of work with the individual:

Violet now feels far more comfortable in group settings, and is able to engage with activities and conversations far better than she was able to prior to our work with her. The intervention from staff has allowed Violet to flourish into a young person who knows that there are people who want to listen to her, and there are spaces where she can express herself without fear of being ridiculed.

Violet is far more comfortable with eye contact, and is growing in her interpersonal skills each week, displayed by the feedback from her youth workers below. She now enjoys speaking to staff about her future plans, and the things she enjoys doing, which all go towards developing her ideas around her core self and her ability to cope with difficult situations. Violet is able to articulate her development and has commented on her ability to socialise with others within the group, stating that this is far easier for her now.



What’s next?

Violet continues to engage with our sessions, and our staff continue to build relationships with her. In the future, more targeted work will be done with Violet to continue her development so that she continues to feel more confident around trying new things. We are looking forward to seeing how she continues to build on her sense of belonging within the group and her ability to cope with unknown situations.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



Ad Astra

(Supporting Laithes Primary, Athersley South and Outwood Academy Carlton.)

157

Number of unique individuals engaged

80

Number of young people consistently attending Buddy Training and after school sessions at school

27

Number of young people consistently attending Youth Club Sessions

107

Number of children /Young People reporting an improvement in their emotional wellbeing.

Extract from Performance Report

Another busy term from September to December for two of our primary schools.

Athersley North and Athersley South were ready and fully prepped for our September start – we had all the required information from the schools in the first week of term ready for us to start the program in the second week of term.

This term has been Buddy Training – again, we have made a slight tweak to the delivery of the program, which enables the flow of learning to be smoother – the one bit of the program the young people struggle with is ‘confidentiality’, so we have moved that later on in the program. We discussed resilience more as both schools have picked up on this and use it in other lessons, so the young people seem to have a clearer understanding of building resilience – in their words – ‘never giving up,’ ‘building your confidence,’ and always ‘trying your hardest.’

The Anti Bullying workshops and the Communication workshops have been a great success, and we have put more of an emphasis on teamwork and being a good friend.

What we have had this term in Athersley North is last year’s Y6 pupils coming back to us in our afterschool sessions and telling us all about their journey into secondary and what the schools are like – what they like – what they don’t like – we always ask them if they have made new friends – to date we have a 100% affirmative on that topic and this makes their transition so much easier.

We started the term with a new baseline assessment questionnaire and finished the term with a follow-up evaluation.

This worked alright but when we evaluated it as a staff team, we’re not 100% happy with this, so we have tweaked it for the new term January to Easter, making it simpler and more relevant to our program



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



(Supporting Laithes Primary, Athersley South and Outwood Academy Carlton.)

In Athersley North, they have changed their classes around for this term – they now have two year 5 and two year 6 classes so this means they have reduced the numbers within the classes to around 20 in each one – the academic levels appear to be lower for several of the young people and they have done this to try and raise the academic levels for the SATS.

This term, we have done the 2 Year 5 classes and their Buddy Training –

Next half term, we will start the Transition programme for the 2 Year 6 classes, BUT we will only complete this program in the Summer term as this will allow the Year 6 groups to concentrate on their SATS prep. We will return after the May half-term to complete their Transition Workshops.

The Buddies trained will be helping out with Playground duties and in Foundation 1 and 2

In Athersley South, we have completed two-thirds of the Year 5 pupils for their Buddy Training and will finish the remaining pupils in the January term.

Again, this has been really successful, and the trained Buddies will be doing Dinner Hall Duties and Playground Duties and some reading practice with lower-aged pupils.

Laithes Primary – this has been the only issue. We have been unable to get into school at all – There have been several emails and phone calls and a small intervention from one of their governors in the hope we could open dialogue, but unfortunately, this has not happened. This is rather disappointing as the pupils and parents have really enjoyed our program, and some who were due to start this year have questioned us as to why we are not in.

We hope to arrange meetings with Holy Trinity this new term to see if we can support pupils there.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



(Supporting Laithes Primary, Athersley South and Outwood Academy Carlton.)

Our work in Carlton with Year 7 pupils has gone well again this term – we have really good communication with the Safe Guarding lead and Head of Year 7

The 16 young people we have supported this year have all grown in confidence this term

Several of the young people who came to us over the last two half terms have a diagnosis of SEND – Tourette’s – Epilepsy – ASD, so this involved us discussing the various abilities that the young people have and how this impacted their daily lives as well as their time in school.

We worked through issues of Social awareness and social integration. Emotional Bingo worked extremely well for this group

Topics covered in this period

- Social and emotional resilience
- Confidentiality
- Ambitions
- Peer concerns – friendship groups – disagreements
- Gender Identity
- Body Image – perceptions
- Young People's Mental Health
- Coping strategies
- Personal good Qualities

One young person openly discussed their gender identity and how this had an impact on their primary education and how they felt it was going to impact their secondary education.

Youth Club – after splitting our youth club session due to the enhanced numbers we decided in September to try another tact as the younger ones were now of youth club age so we extended our times on our Tuesday evening session rather than running two separate groups this has worked well this term although the immaturity of some of the younger ones leads to clashes with the top age group of that session – In January we will be transitioning some of the 13-year-olds on to the Senior youth group.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund

They have a wide and varied programme throughout the two half terms.

October Holiday Provision

We had three sessions during the October Half term break.

On the Tuesday, we had an Autumnal Walk – well we caught the bus from Athersley to the Dearne Valley, where we collected goodies for our Autumn crafts. We had a picnic, and as the weather was good we walked back from the Dearne Valley to the centre at New Lodge – the young people were exhausted but loved every minute (well most of them...)

On the Wednesday, we did a Cook and Eat Session and a Halloween activity session where we made Autumn Wreaths and played Halloween-themed games and did a variety of Halloween crafts each family took home a large parcel of food to recreate the Veggie Pasta

For the evening session, the young people asked if they could have a Halloween Film Night – PJs and Blankets, so the young people all came in PJs with sleeping bags or blankets – Adult Education loaned us their IT equipment so we had a big screen to watch the movie on and they all got comfy watching the film with Hotdogs Popcorn and treats.

Additional Outcomes

In Athersley North, because there are now four classes we are delivering to full classes so this year's programme is as follows

- September to December – Two Year 5 Classes Buddy Training
- January to February Half Term – First Half of Transition Workshops for Y6
- February to April plus the first Half Term after Easter – Conflict Management for Year 4
- In the final half term of the year, we will complete all the Transition workshops with Y6 pupils

Additional Information

- We still deliver food parcels to parents from all three of the schools on a weekly basis – we are now delivering 40 parcels each week.
- We will be providing sanitary products to three schools again this term
- We provided 40 Christmas Hampers – many were families with children at the local schools
- We have regular parent volunteers from Laithes Primary
- The Maths group hosted on a Thursday for this term has 4 local parents whose children also come to Ad Astra Sessions
- We provided Afternoon Tea and Winter Warmer packs to local people who are elderly or isolated
- We've also worked in partnership with our Thursday Morning Community Cafes with Dial SEND Parent Partnership and Berneslai Homes



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund





Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund

How does the commission meets the council plan?

Our Council Plan 2021 -2024

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

Learning Barnsley

- Children and young people achieve the best outcomes through improved educational achievement and attainment.
- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.
- People have access to early help and support

Growing Barnsley

- People have a welcoming, safe and enjoyable town centre and principal towns as destinations for work, shopping, leisure and culture.

Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.

*YMCA & Ad Astra's contribution to public health outcomes

Improving the wider determinants of health

Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

- 1.01ii Children in low-income families (all dependent children under 20)
- 1.03 Pupil Absence
- 1.04 First time entrants to the youth justice system
- 1.16 Utilising outdoor space for exercise and health reasons

Health improvement

Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

- 2.07 Hospital admissions caused by unintentional and deliberate injuries in children (0 - 14 years)
- 2.08ii Percentage of children where there is cause for concern
- 1.04 Self-reporting well-being

Community Grants Summary Performance Management Report

April 2022 – March 2023

Service	Priorities	Provider	Contract Value (per year)	Start Date	End Date	Reports
Connecting Communities Page 47	 Health & Wellbeing	 North Area Social Inclusion Service	£79,600.20	April 2021	March 2024	Quarter 3 Received
Connecting Communities Page 52	 Health & Wellbeing	 Connections Hub	£66,450.00	April 2021	March 2022	Quarter 3 Received
Connecting Communities Page 54	 Health & Wellbeing	 Reds Connect	£41,472.21	April 2021	March 2022	Quarter 3 Received
Stronger Communities Page 58	 Health & Wellbeing	Mapplewell & Staincross Greenspace & Recreation Group Children's Cycle Path	£8,761.00	October 2021	March 2022	Report due after the opening ceremony
Stronger Communities Page 59	 Health & Wellbeing	 Stronger Mums	£9,950.00	April 2021	March 2022	Project due at the end of the contract

**Our Council Plan
2021 -2024
GRANTS**

Connections
Hub

North Area
Social Inclusion
Service

Reds
Connect

Children's
Cycle Path

Strong Mums

Healthy Barnsley	People are safe and feel safe	✓	✓	✓	✓	✓
	People live independently with good physical and mental health for as long as possible	✓	✓	✓		✓
	We have reduced inequalities in health and income across the borough	✓	✓	✓	✓	✓
Growing Barnsley	Business start ups and existing local businesses are supported to grow and attract new investment, providing opportunities	✓	✓	✓		
	People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture	✓	✓	✓		
	People are supported to have safe, warm sustainable homes	✓	✓			
Learning Barnsley	People have the opportunities for lifelong learning and developing new skills including access to apprenticeships	✓	✓	✓		
	Children and young people achieve the best outcomes through improved educational achievement and attainment				✓	✓
	People have access to early help and support	✓	✓	✓		
Sustainable Barnsley	People live in great places, are recycling more and wasting less, feel connected and valued in their community.				✓	✓
	Our heritage and green spaces are promoted for all people to enjoy	✓	✓	✓	✓	✓
	Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking				✓	



Changing the Relationship



Health & Wellbeing

Connecting Communities



North Area Social Inclusion Service

13

New referrals

10

Volunteers

9

Existing Volunteers

How does the commission meets the council plan?

Our Council Plan
2021 -2024

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
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Learning Barnsley

- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.
- People have access to early help and support

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

Project Aims

Age UK Barnsley are a local charity that works only for the benefit of the people of Barnsley Borough and our Resource Centre/Head Office is based within the Town Centre. We have been providing successful, innovative, area-wide services addressing social isolation in Barnsley for more than 5 years. Age UK Barnsley work with older people with a wide range of needs and health conditions including dementia, mental health problems, physical health conditions and limited mobility.

Project Summary

This quarter the North area has benefitted from the recruitment of 2 new, part-time Social Inclusion Officers, Ellie Price and Mark Hible, in order to support a caseload of 36 older people to develop their own personal support plans to ensure that the support that they receive is meeting their individual needs. They made contact with all SUs identified in their area to enquire about ongoing support. This resulted in the closure of several files. Alongside the Social Inclusion Officers, we also have a team of volunteers who have provided face-to-face befriending, telephone befriending as well as providing support to the community groups.

“Getting out to this group today is the best thing I have done since I lost my husband. I am so thankful for your support”





Changing the
Relationship



Health &
Wellbeing

Connecting Communities

Achievements this quarter - October 2022 to December 2022

This quarter the North area has benefitted from 2 part-time Social Inclusion Officers, ensuring every day is covered to support a caseload of 50 older people to develop their own personal support plans. Therefore ensuring that the support that they receive meets their individual needs. Alongside the Social Inclusion Officers, we also have a team of volunteers who have provided face-to-face befriending, telephone befriending, and support to the community groups.

10 Volunteers have provided support with befriending and group support. We lost 1x volunteers from our previous rota but gained **3** new volunteers. Their roles include telephone befriending, home visits, shopping and medication delivery (this has been limited due to time constraints of volunteers), and shopping trips accompanying the service user. There have been **126** volunteer hours this quarter.

A group of volunteers at Men in Sheds have provided a space for men across the Borough to get together and chat with each other while also learning new woodwork skills. There have been **660** volunteer hours this quarter at Men in Sheds, which supports older people in the North area along with the other areas of Barnsley.

We have been able to signpost and support older people to specialist services such as Alzheimer's Society and Housing and Cohesion. We have also supported older people registering for dial-a-ride and referred people to access lifeline pendants.

New referrals have come to us via Social Prescribing, family and friends, social services and Housing and Cohesion, memory services

The Darton Wellbeing Group was attended by guests who gave the group participants blood pressure checks.

The Darton Wellbeing Group had a Christmas trip to Wentworth Garden Centre, where they enjoyed lunch in the restaurant and looked around the shops.





Changing the Relationship



Health & Wellbeing

Connecting Communities

Darton Health & Wellbeing Groups Trip



Chair-Based Exercise
Athersley Community Shop

North Area Social Inclusion Service

Case Study

Key Learning Points

● Ms F was socially isolated following the death of her husband the previous year.

● Ms F started attending a group with the support of SIO and has now

● Ms F had a very low mood due to not getting out to see anyone.

Summary

Ms F was referred to Age UK Barnsley in September 2022 by social prescribing as she has been very socially isolated since her husband died last year. She has no family nearby and only sees her son once a fortnight when they go shop together. She has some health issues, which makes it difficult for her to walk to groups and social events. A social inclusion officer visited Ms F at home and created an action plan to enable her to get out to groups.

Outcomes of Project

With the support of an Age UK social inclusion officer Ms F created an individualised action plan which resulted in her getting out to a group with the support of an SIO and then later alone. She has made meaningful friendships and has gone out for lunch and to other groups with her new friends. Her mood has increased since she has had more social contact and has become less isolated.

Background

Ms F lives alone and was referred to Age UK Barnsley in September 2022 by social prescribing as she was not getting out of her house at all, except by seeing her son once a fortnight. Concerns were also raised by Ms F's son and grandson as she had a very low mood in the summer, which was made worse as she was not getting out of the house since her husband died last year. On receipt of the referral, a social inclusion officer contacted Ms F to arrange an initial visit at home.

At the first visit to Ms F, she explained to the social inclusion officer that she had been feeling very low in mood as she had not seen anybody for two weeks at a time. She said that she was doing fortnightly food shops with her son, but other than that, she wasn't seeing anybody, and her neighbours weren't chatty and don't speak to her if they saw her outside. The social inclusion officer discussed the local groups in the area, and Ms F said that she had seen the health and wellbeing group advertised but didn't feel confident enough to attend on her own. Ms F agreed that the SIO could pick her up and take her to the group for the first time that week. A personalised action plan was created so that Ms F could feel more confident about getting out to groups independently in the future.

At the group, Ms F quickly made a friend who was in a similar situation and had lost her husband the previous year too. The following week Ms F returned to the health and wellbeing group and was really enjoying socialising with the other attendees. She had swapped numbers with one of the group attendees, and they had made plans to go out to lunch together after the group had finished.

Ms F booked herself a taxi to attend the North area Christmas party and said to the SIO that she was so pleased that she made the leap to get to the party herself and felt so much better that she was getting out independently to socialise with others. She said that she was feeling so much happier and settled as she was no longer stuck in the house alone all of the time.

The SIO has regular contact with Ms F, and she has recently tried a few other groups with her friend from the group, and they often go out for lunch together.

Next Steps

The social inclusion officer will keep in touch with Ms F to encourage her to spread her wings and create new friendships with different people.



Changing the Relationship



Health & Wellbeing

Connecting Communities

Xmas Party at Gawber Social Club



Bowls Taster Session at Sugdens



Winter Warm Events



Changing the Relationship



Health & Wellbeing

Connecting Communities



Connection Hub

Quarter 3 data

42

People more engaged in activities

0

New Volunteers

4

Existing Volunteers

How does the commission meets the council plan?

Our Council Plan
2021 -2024

Healthy Barnsley

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Project Summary

We have continued to deliver weekly sessions in the four wards and tried out new activities at different venues. In addition to coffee mornings, we have been getting people to try out new crafts, and in response to members' requests, we will be holding fortnightly bingo sessions.

We have also delivered our monthly theme sessions in each ward. In November, we held our gift swaps with free chocolates, and in December, we gave members free Christmas Goodie bags, which included cards and gift tags, Christmas puddings etc. All events attract new members and are a good way to get people to engage. We will continue our themed sessions in the New Year, starting off with Getting Fit and giving away free exercise bands and DVD, which has been funded by Sport England.

We have recognised that most of our members are ladies, so we will be doing some promotions specifically aimed at men, including a planned Facebook Poll and going out into community venues to get feedback on the type of activities we could include in our sessions.

Our volunteers continue to support the sessions, and we also have volunteers helping out with filling goodie bags etc back in the office.



Stanley and Pearl were an unmarried couple, both in their 60s. Stanley had several health conditions and mobility issues, meaning he relied heavily on Pearl to provide care and take him out to appointments. As well as providing care for Stanley, Pearl has her own health issues and works part-time in a market stall. All these factors impacted their ability to socialise, making them more socially isolated.

We contacted the couple and arranged a home visit to discuss Connect Together in more detail. At the home visit, the couple were very open and honest about how isolated they felt, especially since Covid. We explained that Connect Together aimed to help those who are socially isolated feel more included in their community, provide a safe place to meet new people and make friends, learn new skills, and share experiences. They both signed up to be members, and we gave them details of the next get-together.

After attending their first session, the couple stated that they had never been to the venue before, despite living so close to it. They both really enjoyed the session and engaged well. Stanley said that he felt in touch with many feelings. However, before the next session, Pearl told us Stanley had died suddenly at home. We told Pearl to take her time before returning to the group. We kept in touch with Pearl over the telephone. In these conversations, Pearl disclosed that she was struggling for money, as she had not received any SSP from her employer, was not claiming any form of benefits, and was struggling to pay her rent and bills. We informed Pearl of our outreach in her area and referred her to a benefits advisor. A couple of weeks after Stanley's funeral, Pearl said she would like to start attending the group again. We gave her the details of a Cost-of-Living support event that Connect Together was running. Pearl attended the event and reconnected with old friends, despite being nervous about it being a larger group.

Since then, Pearl has returned to work part-time, continues to engage well with Connect Together and other group members, and regularly attends coffee mornings. By attending Connect Together, Pearl has made new friends and reconnected with old ones. She has felt supported and valued, gained the confidence to attend a bereavement support café that she had found at a local funeral director, and feels less isolated. Pearl has asked us to update her with times and dates of future coffee mornings and events.

*Pictures are not of Stanley & Pearl



Changing the Relationship



Health & Wellbeing

Connecting Communities



Reds Connect

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

Programme Aims

- Beneficiaries have improved emotional and physical wellbeing
- Beneficiaries are connecting, interacting, and forging new friendships
- Beneficiaries are regularly participating in the activities in their local area
- Beneficiaries are adopting and maintaining more active lifestyles

Interim Performance Narrative Report

Our Community Engagement Officer, Vikki Prendergast, started her role in early January. She has been busy promoting the programme throughout the local area, and we have continued to advertise the sessions through our regular avenues.

We relaunched both the exercise and Team Talk sessions on the 24th and 26th January, respectively. The Extra Time Hub has been running every week as normal.

Exercise Session

This session now takes place at St Helens Church Laites Lane Athersley on Tuesdays 5.45-6.45 pm.

We have signed up a few new faces, although we have been disappointed that we haven't seen participants return to the session who had previously attended. We are still working on this and pushing the session to eligible participants in our other sessions, such as Fit Red Ladies. Our current course runs on Mondays, so we are giving participants from the North area the chance to attend the Tuesday session. This will then give them an extra weekly session and the opportunity to continue their exercise once the Fit Red Ladies course has finished. We are hoping they have made connections with both staff and participants which will aid this.



28

Total participants engaged



5

New participants engaged after venue change



Changing the Relationship



Health & Wellbeing

Connecting Communities



Reds Connect

42

Number of people adopting and maintaining healthy lifestyles

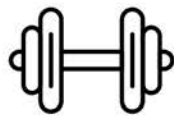
1

Number of volunteers supporting activities

Extra Time Hub

This session occurs at Staincross Christian Fellowship Church, Spark Lane, on Thursdays from **1.30 - 3 pm.**

We have a regular group of 5 or 6 who attend every week to play games. We were hoping to add participants from the venues other groups, but this hasn't happened so far. We have changed the flyer to try and clarify what the session is all about, as some of the feedback was that the original one was a little vague. Hopefully, the promotional push since January will see numbers on this and the other sessions increase over the next quarter.



6

Total participants engaged



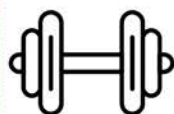
18

Volunteering hours

Team Talk

This session now takes place at New Lodge Community Centre on Thursdays **6 -7.30 pm.**

This session has also been slow in picking up participants. We have had 2 new members so far and 1 previous participant return. We have had several enquiries through the venue, so we hope to build the group over the next few weeks. The venue has been very proactive in promoting the course and helpful during the session. I have recently done a presentation at Carlton Council Depot on some of our projects and mental health in particular so we are hopeful that numbers will increase.



8

Total participants engaged



2

New participants engaged after venue change

How the Area Council can support this provision?

Promote and advocate for the provision



REDS IN THE
COMMUNITY



North Area Council
Darton East, Darton West, Old Town, St Helens

REDS CONNECT EXERCISE

FREE EXERCISE SESSION FOR ALL 16+



**NORTH AREA RESIDENTS
ACTIVITIES INCLUDE CIRCUITS,
BOXING EXERCISE AND MUCH
MORE**



**COME ALONG CONNECT,
SOCIALISE AND EXERCISE!**

**TUESDAYS
5:45PM - 6:45PM**

**ST HELEN'S CHURCH, LAITHES LANE,
ATHERSLEY SOUTH, S71 3AF**

FOR FURTHER INFORMATION CONTACT US ON 01226 211333
OR EMAIL COMMUNITY@BARNESLEYFC.CO.UK

**FREE TO
ATTEND**



@bfccommunity



@redsinthecommunity



@redsinthecommunity

REDS CONNECT

EXTRA TIME HUB

LOOKING TO SOCIALISE AND TAKE PART IN ACTIVITIES YOU DECIDE ON?

AT OUR EXTRA TIME HUB, IT'S YOUR TIME SO YOU DECIDE WHAT TO DO! EXERCISE, MUSIC, BOARD GAMES, OR JUST HAVING A CATCH UP AND A BREW.

**FREE TO
ATTEND**



THURSDAYS
1:30PM - 3PM

**STAINCROSS CHRISTIAN FELLOWSHIP,
CHURCH, MAPPLEWELL, S75 6AA**

FOR FURTHER INFORMATION CONTACT US ON 01226 211333
OR EMAIL COMMUNITY@BARNSLEYFC.CO.UK



@bfccommunity



@redsinthecommunity



@redsinthecommunity



Changing the Relationship



Health & Wellbeing

Stronger Communities

Mapplewell & Staincross Greenspace & Recreation Group

Mapplewell Park Cycle Track

Programme Aims

- Increase the amount of exercise for children between 2 - 10
- Children become more confident as they develop a new skill
- The children gain a sense of ownership of their environment
- Children socialise with different children in the neighbourhood

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

Narrative Update

The cycle path is completed and Greenspace is waiting for the spring when they will have a grand opening.





Changing the Relationship



Health & Wellbeing

Stronger Communities



Strong Mums

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

Project Summary

Strong Mums gives women living in North Barnsley the motivation, support and encouragement to complete the Couch to the 5K programme.

Mother Runners continues to be a free club, and all our new members have commented on how important that is in the current financial climate.

The end-of-year report will be included in Quarter 4's Project Performance Report.

Programme Aims

- Improved mental and physical health of mums
- Decreasing social isolation
- Addressing financial hardship
- Encouraging mums to be active

